

# WCI/The Resource Center Program Lending Library

With support from: The Otto Bremer Foundation, & Robins, Kaplan, Miller and Ciresi Foundation.

**320-235-5310**

**Lending Library materials are loaned to families & professionals for FREE.**

**We do ask for a fully-refundable \$10 check to encourage materials getting returned.**



## **General Information--**

**\*\* We *also* have catalogues of therapy equipment/tools/music/etc.**

“1-2-3 Magic: For Kids-- Helping your Children Understand the Rules,” by Thomas Phelan and Tracy Lewis (2 Copies)

“101 Life Skill Games for Children: Learning, Growing and Getting Along for Ages 6-12,” by Bernie Badegruber

“101 More Life Skills Games for Children: Learning, Growing and Getting Along for Ages 9-15,” by Bernie Badegruber

“A Smart Girl’s Gide to Friendship Troubles: Dealing with Fights, Being Left Out and the Whole Popularity Thing,” by American Girl.

“Be the Boss of Your Pain: Self-Care for Kids,” by Timothy Culbert and Rebecca Kajander.

“Be the Boss of Your Sleep: Self-Care for Kids,” by Timothy Culbert and Rebecca Kajander.

“Changed by a Child: Companion Notes for Parents of a Child with a Disability,” by Barbara Gill.

“Chicken Soup for the Soul: Children with Special Needs,” by Canfield, Hansen, McNamara, and Simmons. (2 Copies)

“Couple Skills: Making Your Relationship Work,” by McKay, Fanning and Paleg.

Directory of Funding and Assistive Technology Resources in MN/The MN Star Program

“Discipline that Works/5 Simple Steps: Difference between Discipline and Punishment-- Discipline teaches a skill, or it isn’t discipline,” by Joyce Divinyi.

“Don’t Sweat the Small Stuff... And It’s All Small Stuff,” by Richard Carlson.

“Inclusion: 450 Strategies for Success-- for Educators who Teach Students with Disabilities,” by Peggy Hammeken.

“Intercultural Marriage: Promises and Pitfalls,” by Dugan Ramano.

“Married with Special-Needs Children,” by Laura Marshak.

“More than a Mom,” by Amy Baskin and Heather Fawcett.

“On Becoming Baby Wise,” by Gary Ezzo and Robert Becknam.

“On Children and Death,” (How children and parents can and do cope with death) by Elisabeth Kubler-Ross.

“Secrets of the Baby Whisperer,” by Tracy Hogg.

“Seeing through New Eyes: Changing the Lives of Children with Autism, Asperger Syndrome, and Other Developmental Disabilities Through Vision Therapy,” by Melvin Kaplan.

“Relations Strategies,” by Tony Alessandra, 6 audio CD’s.

## Signing Time Series: 2 sets of them--

- Books: My First Signs, Playtime Signs, Everyday Signs
- Flash Cards: 4 basic sets, 4 advanced sets.
- Signing Time Songs: 6 discs, Volumes 1-12
- Baby Signing Time & Signing the Songs & Lullabies: 6 discs
- Baby Signing Time: Practice Time 1, 2,3 , Practice ABC's, Baby Signing time, Here I Go, A New Day, Let's Be Friends.
- Signing time: Series One
  - Volumes 1-6, First Signs, Everyday Signs, Playtime Signs, Family, Feelings & Fun, Favorite Things and ABC's
  - Volumes 7-13, Farm, Outdoors, Zoo Train, My Day, Neighborhood, Eat, School
- Signing time: Series Two
  - Volumes 1-7, Nice to Meet You, Happy Birthday, Move and Groove, My Favorite Season, going Outside, Days of the Week, My Favorite Sport.
  - Volumes 8-13, My House, My Things, Helping Out Around The House, Once Upon a Time, Box of Crayons, Who Has the Frog?

"Socially Curious and Curiously Social: A Social Thinking Guidebook for Teens and Young Adults with Asperger's, ADHD, PDD-NOS, NVLD, or other Murky Undiagnosed Social Learning Issues," by Michelle Garcia Winner.

"The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life," by John Nadworny and Cynthia Haddad.

"The Memory Keeper's Daughter: A Novel," by Kim Edwards.

"The Seven Principles for Making Marriage Work," by John Gottman and Nan Silver.

"This Thing Called Grief: New Understandings of Loss," by Thomas M. Ellis

"Visual Perception Problems in Children with AD/HD, Autism, and Other Learning Disabilities: A Guide for Parents and Professionals," by Lisa A. Kurtz

"Welcoming our Children to a New Millennium: A Daybook of Hopes and Wishes for the Future," by Jane Middleton-Moz.

"What Successful Teachers Do in Inclusive Classrooms: 60 Research-Based Teaching Strategies that Help Special Learners Succeed," By Sarah McNary, Neal Glasgow, and Cathy Hicks.

"When There are No Words: Finding Your Way To Cope with Loss and Grief," by Charlie Walton.

"You Can't Say That to Me!: Stopping the Pain of Verbal Abuse." By Suzette Haden Elgin.

"You Will Dream New Dreams: Inspiring Personal Stories by Parents of Children with Disabilities," By Klein and Schive.

## Autism

Autism Magazine & Autism Advocate Magazine

DVD-- "Embracing Play: Teaching Your Child with Autism."

DVD—"Passport to Friendship: Facilitating Peer Play for Children with Autism Spectrum Disorders."

VCR and Workbook-- "Navigating the World of Adults with Autism Spectrum Disorders," by The National Institute For People with Disabilities.

"1001 Great Ideas for Teaching and Raising Children with Autism Spectrum Disorders," by Ellen Notbohm and Veronica Zysk.

"Animals Make Us Human: Creating the best Life for Animals," by Temple Grandin

"Autism is a Four Letter Word," by Julie Jurgens-Shimek.

"Autism Treatment Guide: 3<sup>rd</sup> Edition," by Elizabeth Gerlach.

"Can I Tell You About Asperger Syndrome?: A Guide for Friends and Family," by Jude Welton.

"Freaks, Geeks and Asperger Syndrome," (Award Winning Book) by Luke Jackson

"I Have Asperger's Syndrome," Written by Riley Dalby 8 yrs. old-- *see Asperger's through the eyes of a child.* (2 Copies)

"Not My Boy!: A Father, a Son, and One Family's Journey with Autism," By Rodney Peete.

"Seeing through New Eyes: Changing the Lives of Children with Autism, Asperger Syndrome, and Other Developmental Disabilities Through Vision Therapy," by Melvin Kaplan.

"Socially Curious and Curiously Social: A Social Thinking Guidebook for Teens and Young Adults with Asperger's, ADHD, PDD-NOS, NVLD, or other Murky Undiagnosed Social Learning Issues," by Michelle Garcia Winner.

"Ten Things Your Student With Autism Wishes You Knew," by Ellen Notbohm.

"The Autism Trail Guide: Postcards from the Road Less Traveled," by Ellen Notbohm.

"The Color Red: A Mother's Inspiring Story of Raising a Child with Autism," by Julie Jurgens-Shimek.

"The Complete Guide to Asperger's Syndrome," by Tony Attwood.

"The Curious Incident of the Dog in the Night-time," (a novel) by Mark Haddon (2 Copies)

"The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child's Life," by John Nadworny and Cynthia Haddad.

"Then Things Every Child with Autism Wishes You Knew," by Ellen Notbohm.

"Visual Perception Problems in Children with AD/HD, Autism, and Other Learning Disabilities: A Guide for Parents and Professionals," by Lisa A. Kurtz

## **ADD/ADHD**

DVD-- ADHD A Guide for Families. Booklet and DVD.

"ADHD: Achieving Success in School and in Life," by Barbara Guyer.

"ADD Success Stories: A Guide to Fulfillment for Families with ADD," By John J. Ratey.

"Delivered from Distraction: Getting the Most out of Life with Attention Deficit Disorder," by Edward Hallowell and John Ratey.

"Driven to Distraction: Recognizing and Coping with ADD from Childhood through Adulthood," by Edward Hallowell and John Ratey.

“Healing ADD: The Breakthrough Program That Allows You to See and Heal 6 Types of ADD,” by Dr. Daniel Amen (3 Copies)

“Is It You, Me, or Adult ADD?: Stopping the Roller Coaster When Someone You Love Has ADD,” By Gina Pera.

“Making ADD Work: On-the-Job Strategies for Coping with ADD,” by Blythe Grossberg.

“Making ADD Work: On-the-Job Strategies for Coping with Attention Deficit Disorder,” by Blythe Grossberg.

“Mental Health Information for Teens: Health tips about Mental Wellness and Mental Illness Including—facts about mental and emotional health, depression and other mood disorders, anxiety disorders, behavior disorders, self-injury, psychosis, schizophrenia, getting help, ADHD, Tourette’s, abuse, suicide, bullying, helplines, hotlines, and more,” edited by Karen Bellenir.

“Parenting Children with ADHD: 10 Lessons that Medicine Cannot Teach,” by Vincent Monastra.

“Power Parenting for Children with ADD/ADHD: A Practical Parent’s Guide for Managing Difficult Behaviors,” by Grad Flick.

“Seeing through New Eyes: Changing the Lives of Children with Autism, Asperger Syndrome, and Other Developmental Disabilities Through Vision Therapy,” by Melvin Kaplan.

“Socially Curious and Curiously Social: A Social Thinking Guidebook for Teens and Young Adults with Asperger’s, ADHD, PDD-NOS, NVLD, or other Murky Undiagnosed Social Learning Issues,” by Michelle Garcia Winner.

“Super-parenting for ADD: An Innovative Approach to Raising your Distracted Child,” by Edward Hallowell and Peter Jensen. (2 copies)

“Teenagers with ADD and ADHD: A Guide for Parents and Professionals,” by Chris Zeigler Dendy.

“The ADHD Parenting Handbook: Practical Advice for Parents from Parents, Proven Techniques for raising hyperactive children without losing your temper,” by Colleen Alexander-Roberts (2 copies)

“The Everything Health Guide to Adult ADD/ADHD,” by Carole Jacobs and Isadore Wendel (2 copies)

“The Gift of ADHD Activity Book: 101 Ways to Turn your child’s Problems into Strengths,” by Lara Honos-Webb.

“The Survival Guide for Kids with ADD or ADHD,” by John F. Taylor, PhD.

“Visual Perception Problems in Children with AD/HD, Autism, and Other Learning Disabilities: A Guide for Parents and Professionals,” by Lisa A. Kurtz

“Voices From Fatherhood: Fathers, Sons and ADHD,” By Patrick Kilcarr and Patricia Quinn, 2 copies available.

“What Does Everybody Else Know That I Don’t? A reader friendly guide to social skills help for adults with AD/HD.” By Michelle Novotni.

“You Mean I’m Not Lazy, Stupid, or Crazy?!: The Updated Self-Help Book for Adults with ADD,” by Kate Kelly and Peggy Ramundo.

“The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child’s Life,” by John Nadworny and Cynthia Haddad.

## **Brain Injury**

Mind Matter’s Magazine.

“Brain Injury Survival Kit: 365 Tips, Tools and Tricks to Deal with Cognitive Function Loss,” by Cheryle Sullivan, MD.

“Brain Injury Survivor’s Guide: Welcome to Our World,” by Larry and Beth Jameson.

“Brain Repair,” by Stein, Brailowsky and Will.

“Brain, Heal Thyself: A Caregiver’s New Approach to Recovery from Stroke, Aneurysm, and Traumatic Brain Injuries,” by Madonna Siles.

“Coma: A Healing Journey: A Guide for Family, Friends and Helpers,” by Amy Mindell.

“Coping with Mild Traumatic Brain Injury: Living with the Challenges Associated with Concussion/Brain Injury,” by Stoler and Hill.

“Courage After Fire: Coping Strategies for Troops Returning from Iraq and Afghanistan and Their Families,” by Armstrong, Best and Domenici.

“Every 21 Seconds,” by Brian D. Sweeney

“Head Cases: Stories of Brain Injury and Its Aftermath,” by Michael Mason.

“I Can’t Remember Me: Recovery After Traumatic Brain Injury,” by Judy and Martin Urban, 2 copies available.

“Listening in the Silence, Seeing in the Dark: Reconstructing Life after Brain Injury,” by Ruthann Johansen.

“Mild Traumatic Brain Injury and Postconcussion Syndrome,” by Michael McCrea.

“Smile and Jump High!: The True Story of Overcoming a Traumatic Brain Injury,” by Lloyd and Kehoe.

“The Brain Injury Survival Kit: 365 Tips, Tools and Tricks to Deal with Cognitive Function Loss,” by Cheryle Sullivan, MD

“Students with Acquired Brain Injury: The School’s Response-- strategies and information for the entire school staff -- and parents,” by Glang, Stinger, and Todis.

“Traumatic Brain Injury in Children and Adolescents: A Sourcebook for Teachers and Other School Personnel,” by Janet Siantz Tyler and Mary Mira.

“The Memory Workbook: Breakthrough Techniques to Exercise Your Brain and Improve Your Memory,” by Douglas Mason and Michael Kohn.

## **Down Syndrome**

DVD—“Discovery: Pathways to Better Speech for Children with Down Syndrome.”

DVD-- “Kids with Down Syndrome: Staying Healthy and Making Friends—Potty Training, Nutrition, Hearing, Sleep, Exercise, Hippotherapy, Therapeutic Riding, Independence, Conversation Skills, Friendships, Behavior, Life,” by Will Schermerhorn.

Video-- “My Friend Isabelle,” For educating peers in Grades K-1 about acceptance of friends with Down syndrome.

Nickelodeon Video-- “Everyone Counts: Teaching Acceptance & Inclusion for grades 4-6,” (3 minutes long)

“A Parent’s Guide to Down Syndrome: Toward a Brighter Future,” by Siegfried Pueschel.

“A Promising Future Together: A Guide for New and Expectant Parents,” by the National Down Syndrome Society-- Copies in English and Spanish. Early intervention, Support, Family, Future, Help, Health Care Guidelines, Growth Charts.

TEACHERS Guide, “Everyone Counts: Teaching Acceptance and Inclusion-- Sections designed for teaching Grades K-1, Grades 2-3, Grades 4-6, and added activities and worksheets.

“Babies with Down Syndrome: A New Parents’ Guide,” edited by Karen Stray-Gundersen.

“Expecting Adam,” by Martha Beck.

“Gifts: Mothers Reflect on How Children with Down Syndrome Enrich Their Lives,” various writers.

“Helping Children with Down Syndrome Communicate Better: Speech and Language Skills for Ages 6-14,” by Libby Kumin.

“I Just Am: A Story of Down Syndrome Awareness and Tolerance,” by Bryan and Tom Lambke, forward by Roy Rogers and Dale Evans daughter.

“Mental Wellness in Adults with Down syndrome: A Guide to Emotional and Behavioral Strengths and Challenges,” by Dennis McGuire and Brian Chicoine.

“Seeing through New Eyes: Changing the Lives of Children with Autism, Asperger Syndrome, and Other Developmental Disabilities Through Vision Therapy,” by Melvin Kaplan.

“Teaching Math to People with Down Syndrome and Other Hands-On Learners,” by Deanna Horstmeier.

“Teaching Reading to Children with Down Syndrome: A Guide for Parents and Teachers,” by Patricia Oelwein.

“Teaching Children with Down Syndrome about their Bodies, Boundaries and Sexuality,” by Terri Couwenhoven

“The Down Syndrome Transition Handbook: Charting your Child’s Course to Adulthood,” by Jo Ann Simons.

“The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child’s Life,” by John Nadworny and Cynthia Haddad.

“The Memory Keeper’s Daughter: A Novel,” by Kim Edwards.

“Visual Perception Problems in Children with AD/HD, Autism, and Other Learning Disabilities: A Guide for Parents and Professionals,” by Lisa A. Kurtz

## **Mental Health--**

Healthy Living/Moods Magazine

DVD— “Men Get Depression.”

“Beyond the Blues: A workbook to help teens overcome depression,” by Lisa Schab

“Boiling Point: The High Cost of Unhealthy Anger to Individuals and Society,” by Jane Middleton-Moz.

“Children of Trauma: Rediscovering Your Discarded Self,” by Jane Middleton-Moz.

“Down Came the Rain: My Journey Through Postpartum Depression,” by Brooke Shields.

“I Don’t Want to Talk About It: Overcoming the Secret Legacy of Male Depression,” by Terrence Real, 2 copies available.

“Illness, Crisis and Loss,” Sage Publications.

“Listen to the Children,” VCR/Video.

“Mental Health Information for Teens: Health tips about Mental Wellness and Mental Illness Including—facts about mental and emotional health, depression and other mood disorders, anxiety disorders, behavior disorders, self-injury, psychosis, schizophrenia, getting help, ADHD, Tourette’s, abuse, suicide, bullying, helplines, hotlines, and more,” edited by Karen Bellenir.

“Socially Curious and Curiously Social: A Social Thinking Guidebook for Teens and Young Adults with Asperger’s, ADHD, PDD-NOS, NVLD, or other Murky Undiagnosed Social Learning Issues,” by Michelle Garcia Winner.

“Strange Brains and Genius: The Secret Lives of Eccentric Scientists and Madmen,” by Pickover.

“Teen Empower: Solid Gold Advice for Those Who Teach, Lead & Guide Today’s Teens,” various authors.

“Teen Mental Health: Depression and Mood Disorders, “ By Judith Levin

“The Bipolar Handbook for Children, Teens, and Families: Real-Life Questions and Up-to-Date Answers,” by Wes Burgess.

“The Mother-to-Mother Postpartum Depression Support Book: Real Stories from Women Who Lived Through It and Recovered,” by Sandra Poulin.

“The Special Needs Planning Guide: How to Prepare for Every Stage of Your Child’s Life,” by John Nadworny and Cynthia Haddad.

“This Isn’t What I Expected: Overcoming Postpartum Depression,” by Karen Kleiman and Valerie Raskin.

“Voices From Fatherhood: Fathers, Sons and ADHD,” By Patrick Kilcarr and Patricia Quinn, 2 copies available.

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**We welcome donations of good used books, DVD’s, therapy tools, etc. that provide information, insight or advice for adults, teens, or children with disabilities or their families. Please call Jamin at 320-235-5310.**